



Commonwealth Veterinary Association e-Newsletter

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Report on CVA meeting at the Caribbean Veterinary Medical Association conference

On 17th November 2016, the councillors of the Canada Caribbean region held its biennial meeting in Georgetown, Guyana. Five countries were represented, Cayman Islands, Jamaica, Guyana, Trinidad and Tobago, and St. Maarten. The meeting was held in collaboration with the Caribbean Veterinary Medical Association. The Regional Representative Dr Curtis Padilla thanked councillors and representatives for attending and conveyed best wishes from the CVA executive. Councillors were reminded of the facilities available to member countries and encouraged to participate more in the book transfers, CVA grants and projects. They were asked to consider new projects for the coming year and were briefed on the joint CVA/TTVA project "Getting the Edge". Councillors were encouraged to discuss initiatives with their local veterinarians and to model a project similar to the one in Trinidad and Tobago. In commenting on the Trinidad project, all councillors and representative believed that the model was implementable in their country and were willing to attempt one project next year. Councillors all believed that projects which focus on the veterinarians would be meaningful. Dr Padilla requested a follow up skype meeting in 3months.

CVA was also represented at the opening ceremony where greetings were conveyed to participants by Dr Michelle Mellows on behalf of the CVA executive. CVA once again was a sponsor for the event and made a tangible contribution by supporting 4 councillors and regional representative with registration fees and partial airfare. The president of the GVA extended his thanks to the CVA for its support of the conference.

CVA Country Councillor Profile – Dr Deb Kirton of New Zealand

This month's featured CVA Councillor is Dr Deb Kirton of New Zealand.

Q1. Tell us about you, your family and where you live?

I live in Wellington, the capital city of New Zealand, with my husband and two boys aged 5 and 7 years old. I grew up in a remote farming community in the central north island on a high country sheep station. I was sent 2 hours away to boarding school and then I went onto university to study Veterinary Science in Palmerston North. I spent all my university holidays working on farms (piggery, ostrich, dairy and sheep and beef) as well as at a horse racing stable.

Q2. What is your favourite food?

I'm flexible I like everything except mushrooms and I have an entire mouthful of sweet teeth!

Q3. Do you have any favourite music?

Broad range here from Frank Sinatra to the modern day songs my boys sing from the radio.

Q4. What is your favourite sport?

I played a lot of hockey at school and university but I now enjoy a really good walk around the Wellington hills.

Q5. Tell us in a paragraph what your current veterinary position is.

I am a senior small animal veterinarian at a practice in Wellington. My special interests are diagnostic ultrasound and internal medicine.

Q6. What influenced you to become a veterinarian?

Growing up on a farm and my father. I would try and nurse the ducks shot at duck shooting back to life with a doll's bottle when I was 3!

Q7. What do you enjoy most about being a veterinarian?

Creating relationships and educating clients and helping to fix their pets. I especially enjoy ultrasound.

Q8. How do you communicate to your organisation about the CVA and its activities?

I write articles for the NZVA Vetscript journal, letters and I have spoken at the NZVA conference about the CVA and its activities.

Q9. How do you think the CVA can assist you in your Councillor Role?

I think it is really important that the CVA continues to fund small projects across the nations with the limited funds that we have. If we can create an awareness of such projects then we may be able to gain a sponsor which would help increase the size of the projects for the benefit of everyone. Partnerships with other animal organisations e.g. Vets beyond borders and World Small Animal Veterinary Association will help immensely to achieve this.



Recipes from the world – from Nauru

Coconut Crusted Fish

Ingredients:

- 6 fillets of Pacific Ocean Rockfish, or Pacific Ocean Perch

- salt and pepper, to taste

For the breading-

- ½ cup breadcrumbs
- ½ cup shredded unsweetened coconut
- 2 large eggs
- ¼ cup (more or less) coconut oil, for skillet frying
- 1-2 limes, sliced thin

Directions:

1. In a large bottomed mixing bowl, stir together the shredded coconut and breadcrumbs.
2. Next, crack your eggs and whisk them until frothy in another mixing bowl.
3. Salt and pepper your fish fillets liberally—the salt and pepper sets off the sweet crust nicely.
4. Dip both sides of the fillets into the egg, and then dredge them through the coconut breadcrumbs, making sure they are well coated on both sides. You would do well to pat the breading a bit, to help the coating to adhere nice and thick.
5. Shake the fillets free of any excess coating, and sauté them over medium heat for about 3 minutes per side—the length of time will vary, dependent on the size and thickness of the fillets you have. Don't overcook, or the fish will get too tough, but you do want the crust to have started turning a pleasing golden brown.
6. Note: If you have to work in batches, due to skillet and fillet sizes, keep the cooked fillets in a warm oven until they are all cooked and ready to serve.
7. Serve your Nauruan cuisine national dish, Coconut Crusted Fish, with freshly steamed rice and a dollop of tartar sauce on each serving plate.





**KENYA VETERINARY ASSOCIATION (KVA)
AND COMMONWEALTH VETERINARY
ASSOCIATION (CVA)**



ANNOUNCEMENT

**THE KENYA VETERINARY ASSOCIATION (KVA) AND THE COMMONWEALTH
VETERINARY ASSOCIATION (CVA) JOINTLY HOST THEIR GOLDEN JUBILEE
CELEBRATIONS AND INTERNATIONAL CONFERENCE FROM 25TH TO 29TH APRIL 2017.**

VENUE

SAFARI PARK HOTEL- NAIROBI, KENYA.

THEME

***'VETERINARY CONTRIBUTION TO SUSTAINABLE LIVELIHOODS AND GROWTH IN DEVELOPING
ECONOMIES'.***

IMPORTANT DATES

Tue 25th April, 2017 – Official Opening and CVA Meeting

Wed 26th April, 2017 - Scientific Conference

**Thu 27th April, 2017 - Scientific Conference and thereafter the KVA Annual General Meeting, side meetings and
excursions**

Fri 28th April, 2017 - Scientific Conference and Closing Ceremony

Sat 29th April, 2017 – World Veterinary Day Celebrations and Field Day

Conference Charges

Categories	Early Bird Registration Before 31 st Dec, 2016	Normal Registration 1 st Jan- 28 th Feb, 2017	Late Registration 1 st Mar– 24 th Apr, 2017	On site Registration From 25 th April, 2017
KVA Members	15,000 Ksh	17,000 Ksh	20,000 Ksh	22,000 Ksh
Non-Members	17,000 Ksh	19,000 Ksh	22,000 Ksh	24,000 Ksh
Vet Para-Professionals	14,000 Ksh	16,000 Ksh	18,000 Ksh	20,000 Ksh
Students	13,500 Ksh	14,000 Ksh	15,000 Ksh	16,000 Ksh
International Participants	200 USD	220 USD	240 USD	250 USD
Commonwealth and EAC members	160 USD	180 USD	210 USD	230 USD

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