



Commonwealth Veterinary Association e-Newsletter

Vol 2. Issue 12

December 2016

Thoughts from the President

2016 at a Glance

It always surprises us when we reach December each year in what seems record time. It is a good time to reflect upon the activities and achievements during the year.

When you visit our dynamic website at <http://www.commonwealthvetassoc.com> you can see the breadth of work undertaken by our hard working Executive Officers, Regional Representatives and Councillors. We are one of the few international organisations that operates without a single salaried staff person and so much is donated and achieved. In particular, I would like to thank Dr Abdul Rahman, our Past President and Executive Director, Dr Henry Magwisha our Secretary, Dr Deborah Kirton our Treasurer and Dr Jeff Cave our Program Director and Communications Officer. They have worked tirelessly to promote the CVA and keep it operating.

As you know, the CVA operates from its membership subscriptions. These are modest in many of our developing countries and our hard-working Treasurer, Dr Deb Kirton has been sending out invoices for subscriptions for 2016-2017. We operate from 1 July until 30 June as our financial year. I urge all Councillors to pass on these invoices to your Membership Executive and help progress payment of the subscription as soon as possible.

This year saw the CVA continue to invest time and effort in continuing professional development. The CVA supported activities in the Caribbean and Samoa this financial year.

In addition, our ongoing book program continued to distribute texts to needy veterinary schools across the world, an x-ray developer was donated to the veterinary

school in Tanzania, and an anaesthetic machine was donated to the veterinary school in Sri Lanka.

Our Communications work through the website and monthly e-newsletter continues to keep us 'visible and relevant'. I would urge our Councillors though to use this website and newsletters to promote the activities of the CVA to their national veterinary associations. This is an essential task as a CVA Councillor. I thank our Executive Officers for their support in new communication's issues such as profiling our CVA Councillors through the e-newsletters. The monthly recipes from around the world are also being well-received by our readers.

We value our Associate Members that include a number of countries and international associations outside our national veterinary associations. In 2016, the CVA was recognised as an Associate Member of the World Small Animal Veterinary Association (WSAVA). The Executive is extremely pleased with this new membership as the area of small animals has been a neglected area in our CVA portfolio and we now have new possibilities and support in this essential area of private practice.

The CVA will celebrate its 50 years Golden Anniversary next year in 2017 and we are considering how the CVA members can celebrate this important milestone.

I wish you all a very happy festive season with family and friends and I hope that 2017 is special for you all. Best wishes and thank you for your help, Peter.



CVA Country Councillor Profile – Dr Kingsley Mickey Aryee

This month's featured CVA Councillor is Dr Kingsley Mickey Aryee of Ghana.

Q1. Tell us about you, your family and where you live?

My Name is Dr Kingsley Mickey Aryee. I am married with one son. My wife is a private Secretary at the Ministry of Lands and Natural Resources in Ghana. My son is a third year student pursuing a course in banking and finance. I hail from the Greater Accra region of Ghana with the capital being Accra while my wife comes from the Volta Region with the capital being Ho.

I attended Kharkov Zoo Veterinary Institute in the Ukraine from 1980 to 1986 where I graduated as a veterinary surgeon with a DVM. I have a masters' degree in Health Services Planning and Management from the Kwame Nkrumah University of Science and Technology, in Kumasi in the Ashanti Region of Ghana. I am currently the Secretary of the Ghana Veterinary Medical Association.

Q2. What is your favourite food?

I really don't have any favourite food. I enjoy food from any part of the world so far as it is neatly and stylishly presented.

Q3. Do you have any favourite music?

Not really.

Q4. What is your favourite sport?

Boxing and football, but will pay anything within my means to watch boxing.

Q5. Tell up in a paragraph what your current veterinary position is.

Deputy Chief Veterinary Officer.

Q6. What influenced you to become a veterinarian?

Love for animals and the desire to venture into a field that was not so popular at the time.

Q7. What do you enjoy most about being a veterinarian?

Seeing my clients satisfied.

Q8. What are some of the main challenges for you and your national veterinary association?

Low patronage of events organized by association and inadequate cash flow.

Q9. How do you communicate to your organisation about the CVA and its activities?

Through quarterly meetings and on group social media platforms such as whatapp.

Q10. How do you think the CVA can assist you in your Councillor Role?

Update me on events in other member countries. Invite me to seminars of other countries.



Recipes from the world – from Canada

Marshmallow Snowman

Ingredients:

3 large marshmallows
3 toothpicks
Royal icing
Miniature chocolate chips
1 pretzel stick (small and thin)
8 inches skinny red licorice (or fruit leather cut into a thin strip)
1 Hershey's Kiss or Rollo candy
Royal icing:
about 4 cups powdered sugar
6 tablespoons warm water
3 tablespoons meringue powder

Directions:

Connect 2 marshmallows on the first toothpick. Push the second toothpick halfway into the top of the second marshmallow and spike your third marshmallow onto the top half of the toothpick. The toothpicks should be completely hidden in the marshmallows.

Using your third toothpick as a glue stick, add dots of icing to stick on chocolate chips to form eyes and buttons. Break the pretzel stick in half for arms, and carefully push them into the sides of the middle marshmallow. Wrap the licorice around the "neck" for a

scarf, and use icing to glue the Kiss or Rollo onto Frosty's head as a hat.

To make the Royal Icing: In a mixer, beat the sugar, water, and meringue powder on low speed for 1 minute. Increase the speed to medium, and continue beating until the icing forms soft peaks, 6 to 8 minutes. For a thinner icing, add 1/2 teaspoon additional water at a time until you reach your desired consistency.

Working quickly, transfer enough icing to fill half a piping bag. Twist the bag to close and secure with a kitchen tie. Cover the surface of the rest of the icing with a slightly damp kitchen towel until refilling the bag, or cover and refrigerate for later use. (Makes 3 cups)





**KENYA VETERINARY ASSOCIATION (KVA)
AND COMMONWEALTH VETERINARY
ASSOCIATION (CVA)**



ANNOUNCEMENT

**THE KENYA VETERINARY ASSOCIATION (KVA) AND THE COMMONWEALTH
VETERINARY ASSOCIATION (CVA) JOINTLY HOST THEIR GOLDEN JUBILEE
CELEBRATIONS AND INTERNATIONAL CONFERENCE FROM 25TH TO 29TH APRIL 2017.**

VENUE

SAFARI PARK HOTEL- NAIROBI, KENYA.

THEME

***'VETERINARY CONTRIBUTION TO SUSTAINABLE LIVELIHOODS AND GROWTH IN DEVELOPING
ECONOMIES'.***

IMPORTANT DATES

Tue 25th April, 2017 – Official Opening and CVA Meeting

Wed 26th April, 2017 - Scientific Conference

**Thu 27th April, 2017 - Scientific Conference and thereafter the KVA Annual General Meeting, side meetings and
excursions**

Fri 28th April, 2017 - Scientific Conference and Closing Ceremony

Sat 29th April, 2017 – World Veterinary Day Celebrations and Field Day

Conference Charges

Categories	Early Bird Registration Before 31 st Dec, 2016	Normal Registration 1 st Jan- 28 th Feb, 2017	Late Registration 1 st Mar– 24 th Apr, 2017	On site Registration From 25 th April, 2017
KVA Members	15,000 Ksh	17,000 Ksh	20,000 Ksh	22,000 Ksh
Non-Members	17,000 Ksh	19,000 Ksh	22,000 Ksh	24,000 Ksh
Vet Para-Professionals	14,000 Ksh	16,000 Ksh	18,000 Ksh	20,000 Ksh
Students	13,500 Ksh	14,000 Ksh	15,000 Ksh	16,000 Ksh
International Participants	200 USD	220 USD	240 USD	250 USD
Commonwealth and EAC members	160 USD	180 USD	210 USD	230 USD

The Kenya Veterinary Association

Head Office – Veterinary Research Labs, Kabete, P.O. Box 28089 Kangemi 00625 Nairobi

Telephone: +254 (20) 808 5685, Mobile: +254 (727) 680 022, Email: info@kenyavetassociation.com

Website: www.kenyavetassociation.com